

Puolen Tonnin Uinti

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|--------------------|--------------------|-----|----|----|----|--|
| Tuusulan uimahalli | Uimareita yht | 85 | | | | |
| | Uintikertoja yht | 164 | | | | |
| | Uinteja vuosittain | 38 | 47 | 22 | 28 | |

Miehet

| Sukunimi | Etunimi | Syntv. | Uinti- kerrat | 2005 | 2006 | 2007 | 2008 |
|-----------|---------|--------|------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Aalto | Juho | 95 | 3 | 12:56,9 12:56,9 | 09:26,5 09:26,5 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Ahlgren | Harri | 63 | 2 | 00:00,0 00:00,0 | 12:15,1 10:23,0 | 11:00,6 09:15,1 | 00:00,0 00:00,0 |
| Aikio | Valter | 95 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 12:08,9 12:08,9 |
| Enckell | Kimmo | 61 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 09:48,2 08:06,1 | 00:00,0 00:00,0 |
| Ghezaiel | Yassine | 81 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 06:34,7 06:30,8 | 00:00,0 00:00,0 |
| Hautala | Matias | 94 | 1 | 15:15,6 15:15,6 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Havinmaa | Alec | 96 | 1 | 17:46,4 17:46,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Helminen | Roi | 60 | 2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 08:38,6 07:01,6 |
| Heikkinen | Kimmo | 62 | 3 | 00:00,0 00:00,0 | 09:09,7 07:41,9 | 09:10,1 07:38,4 | 00:00,0 00:00,0 |
| Hirvo | Tuomas | 72 | 3 | 00:00,0 00:00,0 | 09:27,3 08:40,5 | 09:04,6 08:15,1 | 00:00,0 00:00,0 |
| Holma | Aku | 90 | 2 | 00:00,0 00:00,0 | 11:25,1 09:17,0 | 06:35,0 06:35,0 | 00:00,0 00:00,0 |
| Hyökki | Jukka | 82 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 09:12,0 09:12,0 | 00:00,0 00:00,0 |
| Häkämies | Joona | 95 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 10:07,0 10:07,0 |
| Ikonen | Roope | 96 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Ikonen | Tuomas | 96 | 4 | 12:57,0 12:57,0 | 08:50,0 08:50,0 | 00:00,0 00:00,0 | 07:08,7 07:08,7 |

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|---------------|------------|----|---|---------------------------|---------------------------|---------------------------|---------------------------|
| Juntunen | Juha | 70 | 1 | 00:00,0 00:00,0 | 10:16,3 09:15,2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Jussila | Joona | 96 | 2 | 10:30,4 10:30,4 | 09:57,8 09:57,8 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Kankare | Ilari | 98 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Karsimus | Joona | 97 | 2 | 00:00,0 00:00,0 | 14:06,1 14:06,1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Karsimus | Miika | 95 | 2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 11:34,1 11:34,1 |
| Kaskiaro | Kim | 62 | 1 | 13:48,0 11:41,7 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Kivi | Max | 96 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Koskinen | Eino | 96 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Käkelä | Kimmo | 71 | 5 | 07:22,3 06:45,8 | 06:31,9 05:56,3 | 06:18,2 05:40,7 | 06:20,1 05:39,4 |
| Kämäräinen | Henri | 97 | 4 | 14:44,1 14:44,1 | 13:45,7 13:45,7 | 00:00,0 00:00,0 | 09:30,9 09:30,9 |
| Lahdenkauppi | Ari | 64 | 1 | 00:00,0 00:00,0 | 08:32,8 07:18,3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Latva-Pukkila | Pekka | 49 | 5 | 08:16,3 06:21,8 | 08:12,7 06:13,3 | 08:04,1 06:04,0 | 07:55,6 05:54,9 |
| Leppänen | Seppo | 60 | 1 | 12:58,0 10:48,3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Lindholm | Niko-Pekka | 94 | 2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 07:09,2 07:09,2 | 00:00,0 00:00,0 |
| Lundén | Aleksi | 95 | 1 | 16:10,0 16:10,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Lundén | Antton | 92 | 1 | 12:15,2 12:15,2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Miettinen | Michael | 69 | 1 | 00:00,0 00:00,0 | 10:53,5 09:43,5 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Miettinen | Petteri | 80 | 3 | 00:00,0 00:00,0 | 08:45,2 08:40,0 | 06:59,7 06:51,5 | 07:44,3 07:30,8 |

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| Narumo | Timo | 69 | 1 | 06:54,3 06:13,3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Niinikoski | Pasi | 79 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Niiranen | Janne | 93 | 2 | 16:56,5 16:56,5 | 10:45,8 10:45,8 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Nikku | Heikki | 56 | 3 | 00:00,0 00:00,0 | 12:24,1 09:55,3 | 10:47,7 08:34,0 | 10:18,0 08:06,6 |
| Nikku | Oskari | 99 | 2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 12:10,0 12:10,0 |
| Nygren | Roni | 95 | 2 | 00:00,0 00:00,0 | 12:22,3 12:22,3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Nyman | Marko | 80 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 08:46,9 08:31,6 |
| Nykänen | Erkki | 42 | 1 | 11:59,5 08:41,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Ohtonen | Kim | 66 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 06:41,1 05:42,8 |
| Outinen | Jyri | 67 | 2 | 10:16,9 09:05,9 | 09:57,8 08:44,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Paananen | Sami | 76 | 2 | 10:52,6 10:27,5 | 10:18,9 09:49,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Parkkisenniemi | Teemu | 92 | 1 | 11:19,1 11:19,1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Parkkonen | Tomi | 78 | 3 | 00:00,0 00:00,0 | 06:49,8 06:37,9 | 06:28,4 06:13,5 | 06:53,2 06:33,5 |
| Poutiainen | Yrjö | 49 | 3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 10:44,0 08:04,2 | 10:11,0 07:35,9 |
| Pöllänen | Jesse | 95 | 4 | 14:05,9 14:05,9 | 10:42,3 10:42,3 | 00:00,0 00:00,0 | 09:12,8 09:12,8 |
| Pöysti | Taito | 56 | 2 | 06:49,4 05:30,1 | 06:37,9 05:18,3 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Rahikainen | Markku | 70 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 10:45,3 09:31,1 |
| Reinikkala | Juuso | 91 | 2 | 11:33,5 11:33,5 | 08:14,0 08:14,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |

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| Reinikkala | Vesa | 61 | 2 | 09:44,3 08:11,0 | 09:45,1 08:07,6 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Riikonen | Markku | 64 | 5 | 08:23,5 07:14,0 | 08:41,9 07:26,1 | 08:34,2 07:15,8 | 08:25,1 07:04,5 |
| Rikka | Otto | 96 | 4 | 16:58,4 16:58,4 | 08:53,0 08:53,0 | 00:00,0 00:00,0 | 07:49,9 07:49,9 |
| Rinkinen | Henrik | 97 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Roth | Ville | 90 | 1 | 00:00,0 00:00,0 | 05:55,0 05:55,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Saarinen | Mikko | 92 | 2 | 10:49,6 10:49,6 | 09:35,2 09:35,2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Savolainen | Reijo | 55 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 12:03,9 09:25,5 |
| Simola | Lauri | 95 | 2 | 15:35,9 15:35,9 | 13:28,7 13:28,7 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Sjöström | Mikael | 59 | 1 | 00:00,0 00:00,0 | 09:20,5 07:39,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Stapels | Rob | 60 | 1 | 09:43,7 08:06,5 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Stolt | Eero | 90 | 3 | 00:00,0 00:00,0 | 05:48,0 05:48,0 | 00:00,0 00:00,0 | 05:53,9 05:53,9 |
| Stolt | Timo | 94 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Suur-Hamari | Petri | 76 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 06:34,6 06:12,3 | 00:00,0 00:00,0 |
| Suvivuo | Ville | 59 | 3 | 00:00,0 00:00,0 | 11:46,7 09:39,2 | 11:32,1 09:22,7 | 13:09,6 10:36,8 |
| Säisänen | Hannu | 52 | 1 | 00:00,0 00:00,0 | 10:36,8 08:13,7 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Taskula | Valtteri | 96 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 12:02,7 12:02,7 |
| Tiira | Ismo | 63 | 5 | 11:29,9 09:54,7 | 10:42,1 09:04,2 | 10:19,6 08:40,7 | 09:22,1 07:48,4 |
| Tiira | Timi | 95 | 3 | 12:07,0 12:07,0 | 11:49,3 11:49,3 | 00:00,0 00:00,0 | 09:46,3 09:46,3 |

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| Toivola | Joona | 97 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Tonteri | Rasmus | 95 | 3 | 26:15,2 26:15,2 | 13:22,2 13:22,2 | 00:00,0 00:00,0 | 09:36,1 09:36,1 |
| Tuhkanen | Sami | 73 | 1 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Töyli | Jarmo | 54 | 2 | 10:47,3 08:33,7 | 10:03,0 07:54,8 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Töyli | Tuukka | 80 | 2 | 06:43,4 06:43,4 | 06:42,9 06:39,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Vainikka | Niko | 91 | 2 | 11:46,6 11:46,6 | 09:34,6 09:34,6 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Vainio | Alexi | 95 | 1 | 00:00,0 00:00,0 | 15:49,6 15:49,6 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Varjotie | Henri | 92 | 4 | 09:45,1 09:45,1 | 08:45,5 08:45,5 | 07:33,8 07:33,8 | 06:50,0 06:50,0 |
| Vatanen | Jukka | 61 | 2 | 09:20,8 07:51,3 | 00:00,0 00:00,0 | 09:11,2 07:35,5 | 00:00,0 00:00,0 |
| Veijalainen | Mikko | 93 | 1 | 00:00,0 00:00,0 | 11:52,7 11:52,7 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Viitaila | Mikko | 74 | 2 | 10:22,9 09:47,7 | 09:45,8 09:07,4 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Viitala | Tatu | 73 | 2 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 00:00,0 00:00,0 | 07:27,2 06:46,5 |
| von Fieandt | Juhani | 41 | 2 | 14:01,2 10:05,2 | 13:31,6 09:39,7 | 00:00,0 00:00,0 | 00:00,0 00:00,0 |
| Vuorinen | Juha | 67 | 2 | 00:00,0 00:00,0 | 10:10,6 08:55,6 | 09:53,0 08:35,7 | 00:00,0 00:00,0 |
| Väistö | Otto | 91 | 3 | 10:38,0 10:38,0 | 07:35,5 07:35,5 | 07:29,1 07:29,1 | 00:00,0 00:00,0 |